

LEARNING TENNIS VS PLAYING TENNIS



What is the difference between PLAYING tennis and LEARNING tennis? Is there any difference?

In most sports (think AusKick, basketball, soccer ect) the PLAY aspect of the game is foremost, and students get COACHING to improve how they PLAY. To the detriment of student development this approach is often not applied to tennis.

At Pakenham Regional Tennis Centre we're changing that.

Here at PRTC we encourage a Learn to Play approach by offering Hot Shots Coaching for student to LEARN tennis, and offering a Match Play Program for our students to PLAY tennis.

HERE AT PRTC WE ENCOURAGE A LEARN TO PLAY APPROACH

PLAYING tennis is an essential component of LEARNING tennis. It creates opportunities for players to grow through exploration, it encourages them to set personal development goals, it facilitates awareness of their skills, and to sets players up to develop healthy competition mindsets.

Therefore, the answer is yes there is a difference between LEARNING tennis and PLAYING tennis. However, they are also one in the same; you must LEARN to PLAY tennis, and you must PLAY to LEARN tennis.



Make sure you are giving your child as many opportunities to PLAY and LEARN tennis:

Match Play:

WHO: For Orange and Green Stage students

WHEN: Friday and Saturday Mornings

COST: \$10 per session

Red Ball Schools League:

WHO: Students aged 10, 11, and 12.

WHEN: Fridays: 4:30 – 5:30pm

COST: \$50 for 6 weeks

Discounted Court Hire

WHO: All students

WHEN: Any day, 6am - 11pm

COST: \$12.40 per hour on weekdays with your complimentary Hot Shots Membership